



2018 Community Preparedness Day

Saturday, May 19

9:00 am-12:00 noon

Hartland Fire Department

150 Lawn Street

FEMA & Red Cross Disaster Preparedness Resources

Home Fire Safety

File of Life

Fall, Burn, & Poison Prevention

Blood Pressure Checks

Station Tours

Kids' Activities

Free, Fast, Life-Saving Training!

~~~15 minute trainings~~~

~~~starting every 45 minutes~~~

Hands Only CPR

9:15am 10:00am 10:45am

Stop the Bleed

9:30am 10:15am 11:00am

Simplifying to hands-only CPR

Experts now believe an adult who suddenly collapses due to cardiac arrest has enough air in his lungs and blood during CPR and doesn't need mouth-to-mouth breathing.

**Learn the Two Steps
of Hands-Only CPR
in 10 minutes**



**STOP
THE BLEED™
SAVE A LIFE**



No matter how rapid the arrival of professional emergency responders, bystanders will always be first on scene. Learn the simple steps to keep the injured alive until medical care is available.