

Hello,

Hartland Recreation Department is excited to announce that starting May 1, the following fitness classes will be available on Zoom or by Google Meets. The month of May is a trial period for online classes. Current rates as listed in the 2020 Winter/Spring Program Guide apply. "R" is for resident rate and "NR" is for non-resident rate. Some rates are changing on Monday, June 8.

Class	Day	Time	Instructor	Punch Card & Dates	Price
Barre Strength	Monday	7:15 am – 8:15 am	Jennifer	Punch Card	6 punches, \$40R & \$48NR
Barre Strength	Monday	5:45 pm – 6:45 pm	Jennifer	Punch Card	6 punches, \$40R & \$48NR
Barre Strength	Tuesday	8:45 am – 9:45 am	Jennifer	Punch Card	6 punches, \$40R & \$48NR
Barre Strength	Wednesday	5:45 pm – 6:45 pm	Jennifer	Punch Card	6 punches, \$40R & \$48NR
Barre Strength	Thursday	8:45 am – 9:45 am	Jennifer	Punch Card	6 punches, \$40R & \$48NR
Barre Stretch	Monday	8:30 am – 9:30 am	Jennifer	Punch Card	6 punches, \$40R & \$48NR
Chair Yoga	Tuesday	10:15 am – 11:00 am	Mary	Punch Card	10 punches, \$50
Chair Yoga	Thursday	10:15 am – 11:00 am	Mary	Punch Card	10 punches, \$50
Heads Up Yoga	Friday	9:00 am – 10:00 am	Jennifer	Punch Card	6 punches, \$40R & \$48NR
Moderate/Gentle /Alignment Yoga	Monday	9:00 am – 10:00 am	Kerry	Punch Card	6 punches, \$45R & \$54NR
Moderate/Gentle /Alignment Yoga	Wednesday	9:00 am – 10:00 am	Kerry	Punch Card	6 punches, \$45R & \$54NR
Nia	Monday	12:00 pm – 1:00 pm	Carol	Punch Card	6 punches, \$40R & \$48NR
Yoga for Life	Tuesday	8:45 am – 9:45 am	Mary	Punch Card	10 punches, \$56RS, \$64NRS, \$60R & \$68NR
Yoga for Life	Tuesday	5:45pm – 6:45 pm	Mary	Punch Card	10 punches, \$56RS, \$64NRS, \$60R & \$68NR
Yoga for Life	Thursday	8:45 am – 9:45 am	Mary	Punch Card	10 punches, \$56RS, \$64NRS, \$60R & \$68NR
Yoga for Life	Thursday	5:45pm – 6:45 pm	Mary	Punch Card	10 punches, \$56RS, \$64NRS, \$60R & \$68NR
Yoga Strength	Tuesday	9:00 am – 10:00 pm	Kerry	Punch Card	6 punches, \$45R & \$54NR
Yoga in the Park	Tuesday	7:15 am – 8:15 am	Mary	Punch Card	10 punches, \$56RS, \$64NRS, \$60R & \$68NR
Qigong	Monday	11:30 am – 12:30 pm	Maria	Punch Card	6 punches, \$40R & \$48NR 10 punches, \$60R & \$68NR
Zumba	Tuesday	6:00 pm – 7:00 pm	Jenny	May 5 – 26	\$18R & \$21NR or \$36R & \$42NR for both
Zumba Toning	Thursday	6:00 – 7:00 pm	Jenny	May 7 – 28	\$18R & \$21NR or \$36R & \$42NR for both

Starting May 1, there will be a fee for the classes listed above. A punch card needs to be purchased for each instructor. The only exception is Mary Wehlage's classes. Due to difference in fees for Chair Yoga and Yoga for Life/Yoga in the Park, separate cards are required. If a class is listed as a punch card class and you have one for that instructor/class, you may use it. If you need to purchase a punch card or a class that is a session (dates listed by it) please contact me at kelliy@villageofhartland.com or at 262-367-0352 and I will register you and notify your instructor that you are signed up.

While classes are being held on Zoom, punch cards will be sent to your instructor. You will also receive a receipt via email. All class except for Zumba are held on Zoom. Zumba is held on Google Meet.

Zumba is a session class and will be held from Tuesday, May 5 – May 26, \$18 Residents/\$21 Non-Residents and Thursdays, May 7 – May 28, \$18 Residents/\$21 Non-Residents or \$36 for both and \$42 for both. There is a minimum number of enrollment, 6, that is required for this class to be held.

The Village of Hartland understands that due to the current conditions, individuals may not be able to have the funds for a class at this time. If this is the circumstance, please reach out to your instructor to discuss options.

Your fitness instructor will send out an invitation for each class. If you aren't in direct email communication with the instructor of the class you'd like to take, please contact me so that I can put you in touch with the instructor so that you can receive the Zoom/Google Meet invitation.

If you are not familiar with Zoom please click on this You Tube link to learn how to use it.

<https://www.youtube.com/watch?v=9isp3qPeQ0E>.

If you are not familiar with Google Meet please click on this You Tube link to learn how to use it.

<https://www.youtube.com/watch?v=wGXIOKpkR50>.

If you still have questions, I can be reached at kelly@villageofhartland.com or 262-367-0352. I will either email or call you back.

Thank you,

Kelli Yogerst, Recreation Director

kelly@villageofhartland.com

262-367-0352 Office